



Discover Arts Award



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What is Arts Award?

Arts Award supports you to discover the arts all around you and take part in different arts activities - anything from animation to singing. You can find out about artists and their work and share your arts discoveries with your friends and family. You share your experience in a portfolio or arts log and receive a certificate when you complete your Arts Award.

You can watch a video to find out more [here](#).

Or explore some more Discover At Home resources [here](#).

Travelling Light is an Arts Award Centre and Arts Award Supporter and our advisers can help you to achieve your arts award.

What you will need:

- Access to a device that allows you to browse the internet, watch videos and communicate with others.
- An Arts Log

Travelling Light will provide:

- An Arts Award Advisor who will help you plan your Arts Award, share ideas and tips.
- A small box of resources to help you complete your Arts Award including a log book and drawing materials.



What do we mean by the arts?

Lots of things! Arts Award recognises a wide range of arts activities:

Music, drama, dance, storytelling, circus, painting, drawing, sculpture, fashion, design, architecture, books, poetry, journalism, photography, film, web design, game design – and more!

What's an Arts Log?

You will record everything you do for your Arts Award in an Arts Log (sometimes called a portfolio). You can include photos, drawings, writings, notes, videos and your adviser will help you to do this. This log will be a record of your Arts Award for you to keep. This could be in an actual book that you write and stick things in or a digital log of documents and files. Let us know if you would like some templates to print and use as a guide.

How much is the Discover Arts Award?

The cost of the activity is £15 and there are full or partial bursaries available if you need them. Just select this option on the sign-up form and we will send you further details.

When do I have to complete my Arts Award?

You need to confirm you will be taking part by Friday 14th August.

You have until 20th September to complete it.



About Discover Arts Award

The Discover Arts Award has 3 parts:

Part A – Discover

Take part in a range of arts activities to learn more about the arts.

Part B – Find Out

Find out about artists and their work.

Part C – Share

Share what you have enjoyed about doing your arts award with others.

We will now look in detail at each part and offer some suggestions for activities. Remember, your Arts Award Adviser is there to help you so do ask them any questions and tell them your ideas as they will love to hear them!

Part A – Discover

Take part in arts activities and record what you discover in your arts log.

Pick 2 or more of the following activities or create your own (just check with your Arts Advisor before starting that it qualifies as an arts activity), if you need any help or have any questions then speak to your Arts Award Adviser:

1. Take part in an online arts activity – here are some examples:
 - Drama session with Travelling Light Theatre Company (The Bean Game):
<https://www.travellinglighttheatre.org.uk/take-part/online-resources1/>
 - Try learning a new circus skill with Circomedia:
<https://www.circomedia.com/category/youth-circus-home-edition/>
 - Unleash your inner designer with a task from Bristol Old Vic:
<https://bristololdvic.org.uk/at-home/family-arts-hub>
 - Make your own Mandala with Creativity Works
<https://www.youtube.com/watch?v=XJuRmnlAJvg&feature=youtu.be>
 - Drawing sessions with illustrator Rob Biddulph
<http://www.robbiddulph.com/draw-with-rob>
 - Listen to poem and try writing your own version of it – you can find lots of poets reading their poems here <https://childrens.poetryarchive.org>

Or do a quick search online for arts activities to find more!

2. Find your favourite object at home (it could be a computer game, a piece of clothing, book, a shoe...) and discuss how this object relates to different art forms – you could record this as an audio file, make a short film or write about it in your arts log.
3. Create a neighbourhood art map - If you are able to get outside and go on a walk for your daily exercise, then you might like to create a neighbourhood map of art works (Barton Hill does have its very own Banksy!) and you can find art work in many different places including front windows at this time. We love seeing all the rainbows and other pictures people have been decorating their homes with and people are also sharing poetry and words on streets, in their windows and on posters.
4. Design a poster, create a mime, song or dance that includes all the different forms of art you have experienced this week/year/ever.

Don't forget to record in your arts log what you do – ask someone to take a picture, write a diary entry, make a short film to show us what you have made. Ask your Arts Award Adviser for more ideas on how to record your Arts Award journey.



Travelling Light Theatre Company
Arts Award Discover 2020



Part B – Find Out

Find out about an artist and their work and record what you find out in your arts log. This could be a band or musician, an actor, a painter, an architect...

You might like to choose an artist that works with Travelling Light. Take a look at some films from our Three Kings production – there are interviews with different members of the cast and creative team:

<https://www.travellinglighttheatre.org.uk/take-part/online-resources1/>

Or

Chose an artist of your own and find out all you can about their work.

Tip: The artist you choose doesn't have to be famous and they could be someone you have met. You can choose anyone, but we want to hear about their art (not their personal life).

Here are some ideas for how you can share what you have found out:

1. Make a poster about your chosen artist and all that you have found out about them. Don't forget to tell us what you like about them.
2. Record your interview in some way – as an audio recording, a newspaper article, or a song!
3. Create a PowerPoint presentation
4. Or come up with your own way to share what you have found out...

Don't forget to chat to your adviser about what you are doing and ask for help if you need it. That's what they are there for.

Part C – Share

Share what you have enjoyed with others and record this in your arts log.



This is the final part of the Discover Arts Award where you can share everything you have done with other people.

Tip: be sure to tell your Arts Award adviser and audience what you most enjoyed about the Arts Award.

Discuss with your adviser how you would like to share what you have done. Here are some suggestions:

1. Make a short film and share your arts log – this could be shared online with other people doing their Arts Award with Travelling Light.
2. Give a talk or presentation to your family and take pictures of yourself doing it – then record how it went in your arts log.
3. Talk to a friend (online or in person) about your Arts Award experience and record yourself doing this (film, photos).



What happens next?

Your adviser will need to fill in a form to assess your arts log and check you have completed each part. If there are any gaps in your log your adviser will help you to fill these and then assess the arts log again.

If you have completed all parts of your Arts Award then you will receive a certificate and huge congratulations!

You might like to try the Explore Arts Award next – talk to your adviser about this.